

On April 22, 2011, the Headquarters of the Japanese Red Cross Society issued a notice, termed *Safety Measures for Relief Teams in Fukushima* for each Chapter working on relief activities in Fukushima Prefecture.

## Safety Measures for Relief Teams in Fukushima

1. Medical services shall not be provided within the range of 30 km from the Nuclear Plant.
2. Each relief team shall ensure safety in accordance with the JRCS Radiation Safety Manual (developed through cooperation of both Hiroshima Red Cross Atomic-Bomb Survivors Hospital and the Japanese Red Cross Nagasaki Genbaku Hospital) and be provided with a briefing at the time of the handover. Emergency and other advice, etc., shall be provided by the Fukushima Chapter/Department of Radiology, Japanese Red Cross Fukushima Hospital (Contact: Operations Division, Fukushima Chapter) .
3. Personal dosimeters (100 sets in total) will be lent to relief teams on active service.  
[Setting of the personal dosimeter]
  - The alarm shall be set so that it will sound if the cumulative radiation dose reaches 1 mSv, and people shall be evacuated if it exceeds this value.
4. For any emergency, protective clothing sets shall always be stocked at the Fukushima Chapter and Aizuwakamatsu Red Cross Blood Center (RCBC).  
[Contents of the Protective Clothing Set]
  - Protective clothes
  - Goggles
  - N95 face mask
  - Gloves
5. Geiger counter devices shall be stocked at the Fukushima Chapter.
6. Iodine tablets shall always be stocked at the Fukushima RCHP.
7. To record the exposure dose at the time of service, human safety shall be assessed based on the recorded data at the end of the service, and the record shall be controlled at the Headquarters.